



Life-saving rules

I plan and lead:

- I am confident that I have put together a team that has the right skills, training and experience
- I have carried out a risk assessment and ensured that all of those involved are informed and have understood the assessment
- I have made sure that the rig plan has been risk assessed to ensure a safe work site
- I have made sure that personnel are confident in relation to the job and have understood their duties
- I have ensured that the team has had sufficient time for planning, risk assessment and safe job analysis (SJA)
- I have ensured that the team has the correct and approved equipment for the tasks to be carried out
- I have ensured that high visibility clothing class 2* is worn on the upper body

I participate in, and carry out:

- I have understood the tasks to be carried out and how I perform them in a safe manner
- I use mandatory safety equipment, relevant to the hazards involved
- I wear high visibility clothing class 2* on my upper body
- I speak up and take necessary actions when I see there is a risk of dangerous situations
- I am alert, pay attention and only use a mobile telephone in designated safe zones

* EN ISO 20471



Conflicts personnel and construction vehicles

Lifesaver for leader:

- I always ensure that personnel are made aware of the construction vehicles blind zones
- I ensure safe walkways at the construction site
- I have given a mandatory order to use a helper when reversing, where there is a danger of a collision between personnel and construction vehicles

Lifesaver for personnel:

- I always stop 10 metres from construction vehicles and wait for eye contact and a clear signal from the driver/operator before I enter its working area
- I am, and have made my colleagues aware of the construction vehicles blind zones
- I always use a helper when reversing where there is a risk of collision



Fall from height

Lifesaver for leader:

- I always make sure that my team has assessed and - as far as possible - given priority to physical barriers to prevent falls before fall arrest solutions
- I have arranged the job so that my team has had sufficient time for planning, risk assessment and SJA

Lifesaver for personnel:

- I am always secured when working at heights
- I never remove a cordon off safety barrier
- I take part in a SJA before commencing work at a height and carry out the task as planned



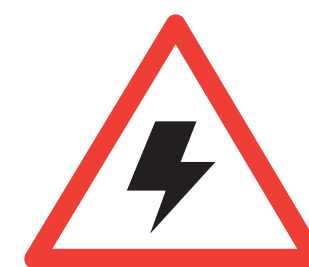
Falling objects

Lifesaver for leader:

- I always ensure that the work site is kept tidy
- I give crane operators support and the authority to stop dangerous lifting operations

Lifesaver for personnel:

- I never leave loose objects lying around
- I always place myself in a safe zone and never walk underneath a suspended load
- I never remove or breach guards or barriers
- I stop all lifting operations that are unsafe
- I always secure loads before lifting



Contact with live electricity

Lifesaver for leader:

- I never commence a job without an overview of all risk factors related to electricity
- I inform all personnel of risk elements related to electricity
- I maintain a tidy workplace
- I have routines for inspection and maintenance of electrical equipment

Lifesaver for personnel:

- I always obtain an overview of the risks involved
- I do not repair electrical equipment myself - I notify an electrician if I find faults and defects
- I keep my workplace tidy and hang up cables properly
- I am familiar with relevant safety rules and never breach a barrier



Construction failure

Lifesaver for leader:

- I have quality-assured plans for assembly
- There must be no personnel present on the two floors below the assembly area
- We have the appropriate equipment for carrying out safe assembly

Lifesaver for personnel:

- I always follow the established plan for assembly
- I always make sure that unsafe areas are cordoned off during assembly
- I make sure that proper support and reinforcement for construction parts is established



Explosion

Gas

Lifesaver for leader:

- I ensure that oxygen and other flammable gases are stored separately, a minimum of 5 metres apart
- I ensure that we store no more gas than required for production
- I have stipulated that odour additives must be added to oxygen

Lifesaver for personnel:

- I always control the hoses and connections/fittings for faults and wear before use
- I always close the valve on the gas bottle after use
- I always make sure that gas bottles are stored upright in a well-ventilated place, secured against tipping - never indoors

Explosives

Lifesaver for leader:

- I am aware of my responsibility for blasting works according to the Regulations on *Handling of Explosive Substances*
- I have requested a risk assessment and blasting plan from the blasting contractor
- I demand that work is stopped and a new risk assessment carried out when changes arise

Lifesaver for personnel:

- I carry out blasting work according to established plans and stop when changes arise
- I maintain good order and tidiness on the work site when charging explosives
- I always make sure that the blaster has controlled that no explosives remains undetonated

Think safety first! Speak up and take necessary actions!